

JULY 2025 NEWSLETTER Play and Learn at Towsontowne



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Happy 4th of July!

A NOTE FROM THE DIRECTOR

Welcome to our first families! We have been working so hard to get ready for you and we are beyond excited to welcome you to the Towsontowne family!

Just a reminder, we will be closed on Friday, 7/04/25, in honor of Independence Day. Have a safe and wonderful holiday.

Happy Birthday!

Wishing a very happy birthday to Ms. Julesa, Ms. Vanessa, & anyone celebrating this month.

Monthly Friendly Reminders...

FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110. Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.

IMPORTANT DATES 7/4/25: INDEPENDENCE DAY! PLAY AND LEARN CLOSED!

Be sure to sign up for emergency alerts! If you haven't done so already, please visit our webpage at www.playcenters.org

to register for both email and text alerts.

WACKY WEDNESDAYS

We welcome & encourage every child to participate! 7/2 - Red, White, & Blue Day! 7/9 - Sunglasses/Shades Day! 7/16 - Tropical Day! 7/23 - Holiday Hats in July! 7/30 - Book Character Day!

Parents' Corner

Encouraging Healthy Sleep Habits

SOURCE: https://www.naeyc.org/our-work/families/encouraging-healthy-sleep-habits

By: Hattie Harvey, PhD, NCSP

"Sleep is critical to children's everyday functioning. A good night's sleep helps prepare children to attend to new experiences, positively engage with others, and build memory and attention skills. When children sleep, their brains are actively working to form new connections, allowing them to be more physically relaxed and mentally alert when awake. These positive effects can be observed over time, and as a parent you play a critical role in helping your child establish healthy sleep habits. "