



## JUNE 2025 NEWSLETTER

### **Play and Learn at Eastpoint**

1005 Northpoint Blvd. Suite 701 ~ Baltimore, Maryland 21224  
Phone: 410-282-2057 ~ Fax: 410-282-6056 ~ Email: [EPDirector@playcenters.org](mailto:EPDirector@playcenters.org)



#### **A NOTE FROM THE DIRECTOR**

Happy June! What a wonderful curriculum year it has been. Congratulations to our friends who are moving on to new schools. We'll miss you!

Tis the season for outdoor play, swimming, sunblock and flip-flops. We are so excited for a fun-filled summer!

### **Happy Birthday!**

🎁 Wishing a very happy birthday to anyone who is celebrating in the month of June. 🎁

### **Monthly Friendly Reminders...**

#### **FROM ACCOUNTS RECEIVABLE**

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110.  
Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.



#### **Be sure to sign up for emergency alerts!**

If you haven't done so already, please visit our webpage at [www.playcenters.org](http://www.playcenters.org) to register for both email and text alerts.

#### **IMPORTANT DATES**

- **6/13/25: End of Year Celebration!**
- **6/13/25: Donuts for Grown-Ups!**
- **6/16/25: Summer Camp Begins!**
- **6/17/25: Water Play Begins!**

#### **WACKY WEDNESDAYS**

We welcome & encourage every child to participate!

**6/4 - Shades Day!**

**6/11 - Blue Day!**

**6/18 - Hat Day!**

**6/25 - Tropical Day!**

### **Parents' Corner**

#### **Keeping your baby safe and cool in summer**

SOURCE: <https://www.childrens.com/health-wellness/keeping-your-baby-safe-and-cool-in-summer>

"The American Academy of Pediatrics (AAP) suggests parents avoid taking babies outside for long periods of time if the heat index is greater than 90 degrees Fahrenheit. Prolonged outdoor exposure on extremely hot days can cause babies to overheat quickly. "Babies are not as effective at cooling their bodies as adults because they do not sweat normally," explains Dr. Yallapragada. "In addition, babies are not able to tell you if they are overheating and not feeling well. Take breaks every 15-30 minutes or sooner based on your child's response to the heat." Before making outdoor plans with your baby during summer, check the local heat index. When you do enjoy outside time, you can take simple precautions to keep your baby safe."