MAY 2025 NEWSLETTER

Play and Learn at Annapolis

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A NOTE FROM THE DIRECTOR

Happy May! As teacher appreciation week is celebrated, don't underestimate the power of your words to a teacher. Please join me in thanking our teachers for their dedication and hard work. This may seem like a simple gesture, but those words mean more than you could ever know.

Happy Birthday!

🎁 Wishing a very happy birthday to anyone who is celebrating in the month of May. 🎁

Monthly Friendly Reminders...

FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110. Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.

Be sure to sign up for emergency alerts!

If you haven't done so already, please visit our webpage at www.playcenters.org to register for both email alerts.

IMPORTANT DATES

- **5/5 - 5/9:** Teacher Appreciation Week
- **5/9:** Muffins for Grown-ups
- **5/26: P&L CLOSED!** Memorial Day!

WACKY WEDNESDAYS

We welcome & encourage every child to participate!
5/7 - Animal Shirt Day!
5/14 - Wear Yellow Day!
5/21 - Wear Stripes Day!
5/28 - Sunglasses Day!

Parents' Corner

How to Ease Your Child's Separation Anxiety

Separation anxiety varies WIDELY between children. Some babies become hysterical when mom is out of sight for a very short time, while other children seem to demonstrate ongoing anxiety at separations during infancy, toddlerhood, and preschool. The trick for surviving separation anxiety demands preparation, brisk transitions, and the evolution of time. I would suggest we parents suffer as much as our children do when we leave. Even though we are often reminded that our children stop crying within minutes of our leave-taking, how many of you have felt like you're "doing it all wrong" when your child clings to your legs, sobs for you to stay, and mourns the parting?

BY: *Wendy Sue Swanson MD, MBE, FAAP*

SOURCE: HTTPS://HEALTHYCHILDREN.ORG/ENGLISH/AGES-STAGES/TODDLER/PAGES/SOOTHING-YOUR-CHILDS-SEPARATION-ANXIETY.ASPX