



# Play and Learn at Eastpoint

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## FEBRUARY 2025 NEWSLETTER

### A NOTE FROM THE DIRECTOR

Happy February! The month of friendship, love and all that is pink and red. Let's do our best to spread a little extra kindness this month. We are excited and looking forward to many special lessons, events, and fun activities.

## HAPPY BIRTHDAY!

🎁 Wishing a very **happy birthday** to our friends who are celebrating in the month of February. 🎁

### Monthly Friendly Reminders...

#### FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110.  
Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.

#### Be sure to sign up for emergency alerts!



Please visit our webpage at [www.playcenters.org](http://www.playcenters.org) to register for email alerts.  
Text **EASTPOINT** to 443-347-6881 to sign up for text alerts.

#### IMPORTANT DATE

February 7, 2025 - Wear red to raise awareness about Cardiovascular disease.

February is American Heart Month. The nation comes together, igniting a wave of red from coast to coast to bring awareness on the first Friday.

#### WACKY WEDNESDAYS

We welcome & encourage every child to participate!

**2/5 - Hat Day!**  
**2/12 - Dress to Impress Day!**  
**2/19 - Superhero Day!**  
**2/26 - Inside Out Day!**

### Parents' Corner

#### Winter Car Seat Safety Tips from the AAP

“Winter is a tricky time for car seats. As a general rule, **bulky clothing, including winter coats and snowsuits, should not be worn underneath the harness of a car seat**. In a car crash, fluffy padding in a coat immediately flattens out from the force, leaving extra space under the harness. A child can then slip through the straps and be thrown from the seat.”

<https://www.healthychildren.org/English/safety-prevention/on-the-go/Pages/Winter-Car-Seat-Safety-Tips.aspx>

Source: HealthyChild By: American Academy Pediatrics