

DECEMBER 2024 NEWSLETTER

Play and Learn at Hunt Valley



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HAPPY DECEMBER!

A NOTE FROM THE DIRECTOR

The Holiday Season is upon us and we want to extend our warmest holiday wishes to each Play and Learn family. Please be on the look out for more information regarding all the fun events that are planned for the holiday season.

Happy Birthday!

Wishing a very happy birthday to anyone who is celebrating in the month of December.

Monthly Friendly Reminders...

FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110. Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.

IMPORTANT DATES DECEMBER 24 & 25:

Play and Learn CLOSED! HAPPY HOLIDAYS!

Be sure to sign up for emergency alerts!

If you haven't done so already, please visit our webpage at <u>www.playcenters.org</u> to register for both email and text alerts.

WACKY WEDNESDAYS

We welcome & encourage every child to participate!

12/4 - HOLIDAY HATS AND ANTLERS DAY 12/11 - SILLY HOLIDAY SOCKS DAY 12/18 - HOLIDAY PAJAMA DAY

Parents' Corner

RSV: When It's More Than Just a Cold

"Almost all children get <u>RSV</u> at least once before they are 2 years old. For most healthy children, RSV is like a cold. But, some children get very sick with RSV. RSV (or respiratory syncytial virus) is one of the many viruses that cause respiratory illness—illnesses of the nose, throat and lungs. This virus usually occurs in the late fall through early spring months, but can vary in different parts of the country. With mask-wearing and physical distancing for COVID-19, there were fewer cases of RSV in 2020. However, once safety measures relaxed with the arrival of COVID-19 vaccines, a rise in RSV cases began in spring 2021. The spread of RSV and other seasonal <u>respiratory illnesses</u> like influenza (<u>flu</u>) has also started earlier than usual this year."

Source: www.healthchildren.org

By: Andrea Jones, MD, FAAP