

# AUGUST 2024 NEWSLETTER

Play and Learn at Hunt Valley



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## HAPPY AUGUST!

#### A NOTE FROM THE DIRECTOR

Just a reminder, we will be closed on Friday, 8/30/24, in order to prepare the classrooms for the upcoming school year. Summer has been exciting but we are anxious to begin the 2024-2025 school year!

# Happy Birthday!

Wishing a very happy birthday to anyone who is celebrating in the month of August.

# Monthly Friendly Reminders...

#### FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110. Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.

### **IMPORTANT DATES**

 8/30/24: CLASSROOM PREP DAY!
PLAY AND LEARN CLOSED!

#### Be sure to sign up for emergency alerts!

If you haven't done so already, please visit our webpage at <u>www.playcenters.org</u> to register for both email and text alerts.

#### WACKY WEDNESDAYS

We welcome & encourage every child to participate! 8/7 - Silly Sock Day! 8/14 - Inside Out Day! 8/21 - Backwards Day! 8/28 - Clash Day!

## Parents' Corner

#### How to Keep Your Sleeping Baby Safe: AAP Policy Explained

SOURCE: <u>https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/A-Parents-Guide-to-Safe-Sleep.aspx?</u>

"Every year, around 3,500 babies in the United States die suddenly and unexpectedly while they're sleeping. Most of these tragic deaths are due to sudden infant death syndrome (SIDS) or accidental deaths from suffocation or strangulation. To reduce the risk of all sleep-related infant deaths, we've <u>revised</u> our <u>policy statement</u> and <u>technical report</u> on safe sleep. This updates our 2016 guidance and includes additional ways to reduce the risk of SIDS, as well as some new recommendations. Read on for more information."

By: Rachel Y. Moon, MD, FAAP