



AUGUST 2024 NEWSLETTER



Play and Learn at Eastpoint

1005 Northpoint Blvd. Suite 701 ~ Baltimore, Maryland 21224
Phone: 410-282-2057 ~ Fax: 410-282-6056 ~ Email: EPDirector@playcenters.org

A NOTE FROM THE DIRECTOR

HAPPY AUGUST!

Just a reminder, we will be closed on Friday, 8/30/24 for classroom preparation for the upcoming school year. Summer has been exciting but we are anxious to begin the 2024-2025 school year!

Happy Birthday!

Wishing a very happy birthday to anyone who is celebrating in the month of August.

Monthly Friendly Reminders...

FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110.
Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.



Be sure to sign up for emergency alerts!

If you haven't done so already, please visit our webpage at www.playcenters.org to register for both email and text alerts.

IMPORTANT DATES

8/30/24

**PLAY AND LEARN CLOSED!
CLASSROOM PREP
DAY!**

WACKY WEDNESDAYS

We welcome & encourage every child to participate!

8/7 - Silly Sock Day!

8/14 - Inside Out Day!

8/21 - Backwards Day!

8/28 - Clash Day!

Parents' Corner

How to Keep Your Sleeping Baby Safe: AAP Policy Explained

SOURCE: <https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/A-Parents-Guide-to-Safe-Sleep.aspx?>

“Every year, around 3,500 babies in the United States die suddenly and unexpectedly while they're sleeping. Most of these tragic deaths are due to sudden infant death syndrome (SIDS) or accidental deaths from suffocation or strangulation. To reduce the risk of all sleep-related infant deaths, we've [revised](#) our [policy statement](#) and [technical report](#) on safe sleep. This updates our 2016 guidance and includes additional ways to reduce the risk of SIDS, as well as some new recommendations. Read on for more information.”

By: *Rachel Y. Moon, MD, FAAP*