



MAY 2024 NEWSLETTER

Play and Learn at Annapolis

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A NOTE FROM THE DIRECTOR

Happy May! As teacher appreciation week is celebrated, don't underestimate the power of your words to a teacher. Please join me in thanking our teachers for their dedication and hard work. This may seem like a simple gesture, but those words mean more than you could ever know.

Happy Birthday!

🎁 Wishing a very happy birthday to anyone who is celebrating in the month of May. 🎁

Monthly Friendly Reminders...

FROM ACCOUNTS RECEIVABLE

Questions about your account? Please contact the **AR Coordinator**, at 410-296-4880, ext.110.
Questions about Subsidy & Scholarship? Please contact the **Subsidy Specialist**, at 410-296-4880, ext. 111.



Be sure to sign up for emergency alerts!

If you haven't done so already, please visit our webpage at www.playcenters.org to register for both email and text alerts.

IMPORTANT DATES

- **5/6 - 5/10: Teacher Appreciation Week**
 - **5/10: Muffins for Grown-ups**
 - **5/24: P&L CLOSED!** Professional Development Day!
- **5/27: P&L CLOSED!** Memorial Day!

WACKY WEDNESDAYS

We welcome & encourage every child to participate!

- 5/1 - Animal Shirt Day!**
- 5/8 - Wear Yellow Day!**
- 5/15 - Spring Pajama Day!**
- 5/22 - Wear Stripes Day!**
- 5/29 - Sunglasses Day!**

Parents' Corner

How to Ease Your Child's Separation Anxiety

Separation anxiety varies WIDELY between children. Some babies become hysterical when mom is out of sight for a very short time, while other children seem to demonstrate ongoing anxiety at separations during infancy, toddlerhood, and preschool. The trick for surviving separation anxiety demands [preparation](#), brisk transitions, and the evolution of time. I would suggest we parents suffer as much as our children do when we [leave](#). Even though we are often reminded that our children stop crying within minutes of our leave-taking, how many of you have felt like you're "doing it all wrong" when your child clings to your legs, sobs for you to stay, and mourns the parting?

BY: *Wendy Sue Swanson MD, MBE, FAAP*

SOURCE: [HTTPS://HEALTHYCHILDREN.ORG/ENGLISH/AGES-STAGES/TODDLER/PAGES/SOOTHING-YOUR-CHILDS-SEPARATION-ANXIETY.ASPX](https://healthychildren.org/English/Ages-Stages/Toddler/Pages/Soothing-Your-Childs-Separation-Anxiety.aspx)