

A letter to our Preschool families for APRIL

Ideas for Busy Families

In the Kitchen



In this unit, your child is learning about plants and nature.

- Invite your child to help you make a snack of celery and carrot sticks. Talk about how carrots and celery are vegetables that are parts of plants. This discussion will help your child better understand the science concept of plants.
- Help your child to put the carrots on one side of a napkin and the celery on the other side. This will help your child to understand similarities and differences.

On the Move



In this unit, your child is learning about things that grow in the spring.

- Talk with your child about how plants have different parts. If possible, point out a flower, stem, or leaf as you walk outside. Discuss how plants need water, light, and soil to grow.
- While at a nursery or garden center, talk with your child about how plants are living things. Show him or her different types of plants, flowers, stems, and leaves.